



## Alan Rubenstein

COUNSEL

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### PRACTICE AREAS

Family Law



**Alan Rubenstein** is a highly-skilled family lawyer, divorce mediator, and collaborative divorce attorney. He has practiced family and divorce law for more than 30 years. He has served as counsel for approximately 1,200 divorces, involving more than 250 divorce mediations, 150 collaborative/cooperative divorces, and numerous hearings and trials.

A trained marriage and family counselor with a Master of Science in counseling psychology with a specialization in marriage and family therapy, Alan approaches divorce from a perspective that differentiates him from other divorce lawyers: He recognizes that divorce consists of "problems to be solved and not battles or a war to be fought." He possesses a high degree of psychological awareness, which actively and constructively informs the attorney-client relationship and divorce process.

Alan strives to resolve divorces expeditiously, thoroughly, and efficiently. His breadth of professional experience enables him to quickly recognize obstacles

and determine a reasonable range of outcomes for each issue. Once he obtains the necessary information to fully understand all of the divorce-related issues for the unique needs of the client, he works diligently to engage in efficient and effective settlement dialogue to affect an equitable, and forward-looking resolution of all matters. While most divorces reach settlement, if that is not possible, Alan has the necessary trial experience, skill set, and tenacity to successfully advocate for his clients in the courtroom.

Alan keeps the divorce process moving forward to minimize his client's legal fees and the stress and anxiety inherent in divorce. He breaks down the divorce process into manageable, individual issues in the context of a global resolution that protects the interests of his clients and their families.

Alan's reputation for thoroughness, fairness, integrity, and positive outcomes is the foundation of his family law practice. He also serves as a special master in the Connecticut Superior Court and as a private special master and consultant.

### EDUCATION

University of Rochester, BA, with honors, 1979  
San Francisco State University, MS, 1983  
Yale Law School/Brooklyn Law School, JD, 1991

### ACHIEVEMENTS

Special Master in the Connecticut Superior Court  
Master of Science in Counseling Psychology

### ADMISSIONS

Connecticut  
New York  
District of Connecticut